

Ze'ev Kolman

Bio-Energetic Healer



May 2006
Newsletter

THIS MONTH'S MESSAGE FROM ZE'EV

To all my clients who are mothers—**Happy Mother's Day!** I hope that all your wishes come true on this very special day. You are a very special Mother and I wish you many more Mother's Days. I am not a mother, but I had a wonderful mother who taught me so much love, consideration and compassion. I took what I learned from her and now embrace my clients with the knowledge she instilled within me.

My Dear Mothers: You have given so much to your children and grandchildren. Know that Mother's Day is *your day* to relax and meditate, to take your mind off anything that makes you uncomfortable or causes stress in your life. Mother's Day is just to set you free! On your blessed Mother's Day, you have permission to be free of all the negative energy in your life and around you. You are so special and you deserve to be free!

Fathers—Don't feel left out! Your day is soon approaching, and I'll have a special blessing for you. If the special woman in your life is a mother, take her to her very favorite place, or somewhere that reminds you of the first day you met. And don't forget your own mother! Remember all the years she took care of you when you were young and helpless. They deserve to be treated like a Queen for a day on Mother's Day! **Happy Mother's Day!**

Love,
Ze'ev

Calendar

NEW YORK

Evening Lectures—Wednesdays 6pm to 8:30pm

Topic: Healing, Spirituality, Past-Life Incarnation (Healing Meditation)
May 17th, June 21, July 12

Upcoming Daytime Workshops—Sundays 10am to 3pm

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May 10th, June 21st, July 5th

SOUTH FLORIDA

Free Lecture & Healing Meditation

Sunday, May 21st—7pm to 9pm

Bio-Energetic Self-Healing Workshop

Sunday, May 28th—10am to 3pm

Call 212-245-1715
or send a Fax to 212-265-8839
E-mail: zeevkolman@aol.com

THOUGHTS FROM ZE'EV, A TESTIMONIAL

A recent examination of many of the New Age self-help media brought out a common theory: The notion that many of our aches and pains—and sometimes even our more serious health problems—can be traced back to an emotional event from the past.

Another even more important theory is that we are what we think. And we are, so be careful what you think!

Vibrational medicine is a new category of healing for many people. The truth is that we are vibrations of energy at a particular frequency. When we resonate to sympathetic frequencies of any kind—a human healer, crystal bowls, gongs, prayers—the experience brings us to a higher level of self-realization. Just being open raises our consciousness.

The mind's effect on the body can take place even on a cellular level. In fact, your stomach has more serotonin and receptors than your brain! Your "gut feeling" of intuition is more real than previously thought by many.

When your muscles get constricted due to stress and anxiety, stored memories of trauma and disease can occur. Use your own judgment. If you know that there is a consistent muscular tightness from stress, you also know that the blood flow to certain areas of your body is receiving less nutrients and oxygen.

You don't need a medical degree to be able to understand this theory of well-being:

Be free of the past and be in the NOW for optimum health!

The trick is to not hold onto negative thoughts and emotions. Witness them and let them go.

Psychoanalysis is concerned with understanding the "storyline" of one's life until one is tired of carry-

ing around the baggage. Once we realize that there is no reason now to continue to carry around these old thought patterns and ideas of ourselves, any problem can be resolved.

Through visualization, affirmation, and prayers that reflect what you want to accomplish, you can be a powerful practitioner, provided you do it *consistently*. Whether it is hourly or once a day, make your own schedule to fit your own life.

I believe the repetition of prayer mantras, chants, and mudras are designed to disengage the ego (the mind's chatter), so that we may hear our inner voice speak to us.

In these states of stillness and peace, you can re-program yourself to health and happiness. It is mind over matter!

A client writes: I sorted through all the techniques, disciplines and practices to help achieve health and happiness. I was still stuck in completely letting go and believing in this invisible power of possibility. Then I met Ze'ev Kolman.

One of the wonderful things about Ze'ev is you don't need to do any homework, or have any preconceived knowledge. You just need to have the sincere desire to be well.

The bio-energetic transmission from Ze'ev will profoundly astound you to the point of questioning your belief system. This is the catalyst that led to the shift of my own mind. After I felt his transmission, it provided me with the credence of the reality of this unseen force around us, and that it can be harnessed for one's own benefit.

If any of this resonates with you, then you should follow up with your own discovery, even if it leads you to Ze'ev! There are various levels of participation from free lectures to day-long workshops, and even private sessions. —A happy client

Ze'ev Kolman in South Florida again!

We missed Ze'ev in April while he was in Israel (sigh!).

But he's back! From Friday, May 19th, through Sunday, May 28th, 2006, Ze'ev Kolman will be available again for group healings and lectures, and private sessions in Miami Beach, Florida!

For Private Sessions

To schedule a private session, contact the New York office for details: **212-245-1715**.

Only For South Florida Lectures/Group Healings, Workshops

To get location, dates and times for lectures/group healings, or workshops, send Kathryn your email address (khzeev@aol.com), and she will contact you with more details.

Meditation & Healing Trip to Israel Wednesday, June 29th

Ze'ev invites you to join him for an unforgettable journey departing *Thursday, June 29th*—return *Sunday, July 9th*. Highlighted are Tel Aviv, Jerusalem, the Masada, and the Dead Sea. This will be an intense workshop, group healing, and much more. To join us, contact our New York office: 212-245-1715, or our travel coordinator: Mrs. Inge Verstandig: 212-292-1259; ingev@vwti.com

The Mind is the Healer, The Mind is the Killer

The mind is a spectacular invention of human information storage—a small but powerful vessel that contains limitless knowledge and awareness. Many people are unaware of the mind's energetic ability to perform and spend their lives with knowledge accumulated throughout one life span on earth. Many are not even aware of the powerful ability their mind has to lead them so far beyond.

The brain navigates all our directions and controls our feelings and faculties—happiness, sadness, excitement, success, stress, danger, and beyond visual vision. Through these abilities, we can utilize this energy—but a number of outcomes can be experienced.

For instance, uranium and the atom... The creator gifted us with these incredible elements, but unfortunately they were used for destructive purposes when the atom bomb was developed. Nagasaki and Hiroshima are the devastating results of the human mind's capacity to destroy, not build.

The mind is able to think, plan and execute wonderful ideas in order to preserve the body, its stability, and to prolong the life span of the human race. Our mind already contains planetary knowledge. All we need to do is reach in for the spark that triggers this to be opened in the archives. If only we have the desire, we can reach into this stored knowledge down deep in our souls with just a little bit of momentum. But we need to be in the right place at the right time for the thought process to begin. Some of what we think doesn't seem to make sense, but we should try to deepen our knowledge about the heart of the matter beyond common sense.

The body is composed of all the

same materials and minerals as the earth: water, calcium, iron, acids, etc. The Bible states that man came from the earth and that he shall return to it. At death, we leave the planet; our soul transforms in another dimension while our physical body reunites with earth. We are each a microcosm of earth as we exit to be unified,

The healing mind can create anything on earth by decoding the path of this knowledge. By exercising this thought—while maintaining a strong will to create something internal—we can reach the immense information archive in our minds.

I explain self-healing abilities in my seminars. We breathe oxygen into our lungs, an automatic reflex that takes place without a signal from other parts of our body. The mind plays a vital role in healing the body and soul. An illness doesn't occur just because a doctor declares someone has a disease; it lives in the body long before it emerges as a physical symptom. It starts in the spirit, passes on to the soul, becomes a psychosomatic problem and then transforms into a diagnosis through pathological symptoms. This is when traditional healthcare usually begins according to a medical doctor's determination. This is precisely when the soul's journey begins to heal itself. I don't resist traditional treatments as a whole. In fact, it is my belief that the time has come to combine the methods of alternative and traditional health care.

As a healer, I've met many people who healed through alternative and traditional treatments, or at least lengthened their life span and improved their quality of life.

A large part of illness starts in the memory inventory of the mind

where anger, traumas, fears, stress, and much more all reside. All of this is our ticket to the *Club of Illness*.

When we experience stress over a long period of time, it causes our muscles and organs to contract and then release certain acids that can cause physical problems. For instance, chest pain, acute stomach aches, sensitive backs, migraines, etc., can be relieved just by having a meditation session where someone loosens up and the cells open and breathe. The happier a person is in life, the less chances there are of getting sick. Comedian Bob Hope still performed at 96, and made everyone laugh while he laughed with them. All this rewarded him with longevity. Laughter and happiness produced inside the laboratory of the mind have powerful healing qualities.

Positive thinking is the #1 rule to operate this system. While you're meditating, walk inside this incredible lab inside you and look around carefully to examine all the new tools that enable you to heal yourself. See yourself as a scientist formulating the magic medicine for you. You know exactly how to produce it! Your vessels are already full with these magic fluids. While in meditation, flow the imaginary substance inside your own body—slowly and deliberately—to those spots that require healing. Make sure your lab is working non-stop. After a while, you will begin to notice that it's working even when you're not meditating, but virtually all the time, every minute, hour, day, month, year, forever. This is a powerful visualization exercise that will have a positive and strong effect on your energy and well-being.

Love!

Ze'ev

ANNOUNCEMENTS

Q&A

If you have any questions that you would like to see the answers to in a future newsletter, please send them to: zeevkolman@aol.com. Thanks!

For more information about Lectures, Group Healing Meditations, Private Sessions, and Workshops, please call Shelly at the New York office: 212-245-1715, or Fax: 212-265-8839.

If you want to participate in the *Self-Healing Workshop* in Miami on Sunday, May 28th, send an e-mail to (khzeev@aol.com) with your name, telephone number, mailing address and e-mail address. Kathryn will contact you when the details are finalized. **Kathryn does not schedule private sessions for Ze'ev in New York or South Florida—only Lectures and Workshops! Please keep this in mind so you don't miss getting a private session.**



Group Healing Sessions & Lectures

Group healings take place every 2 weeks in the New York office. Ze'ev leads the group into a healing meditation so that he can transmit his electromagnetic energy into each person's body for the purpose of healing.

NOTE: *Please refrain from using fragrance, cologne, perfume, etc., to group healings. Be punctual! Punctuality is part of becoming spiritually evolved. Respect others and arrive at least 10 minutes before healing groups are scheduled to begin. Thank you!*

To get updated information in between our Newsletters, visit our Web site. And please feel free to forward this Newsletter to family and friends!

Submit their email addresses to zeevkolman@aol.com and we will send them our monthly Newsletter. Thank you!

Special Monthly Prevention Package

For a limited time we are offering a **Special Prevention Package**. Life is stressful. You work hard and deal with daily responsibilities. All the systems of your electromagnetic field need regular balancing and healing. Your aura needs cleansing of the debris and toxicity that accumulate. The infusion of energy from your chakras and meridians needs to be balanced to promote good circulation. Regular monthly maintenance is the smartest way to restore a healthy mind, body and spirit. Let Ze'ev help you.

Purchase 6 Monthly Healing Sessions and receive the 7th month FREE! Call now to reserve your regular monthly appointment at the same time every month. It's easy to remember and you will reap the benefits of continuing care.

From the heart, Ze'ev sends a monthly spiritual blessing. On the same day and time each month, a spiritual blessing is offered to people on their birthday. If you need a blessing or know someone who does, please e-mail their name and location. Ze'ev also extends a special *Birthday Discount* for a private session.

If you celebrate your birthday in May, remember to meditate at Midnight (EST) on your birthday by focusing both on your physical intention and on the healer,

Ze'ev Kolman. His healing energy will be sent to you.

Distance Healing

Distance healing is performed while you sleep or rest. When your body is resting your chakras—your energy centers—open up. This is when Ze'ev can easily transmit electromagnetic energy from his mind into your energy field for the purpose of healing. You only need to know the time for your body to be "tuned into" the same wavelength during the distance healing session.

Ze'ev recommends distance healing for clients who are too far away or are unable to come to the office because of a busy schedule or illness. Distance healing is also very effective. It is just as powerful as a private session. In fact, it can even be stronger because the body is very open to receiving energy while resting.

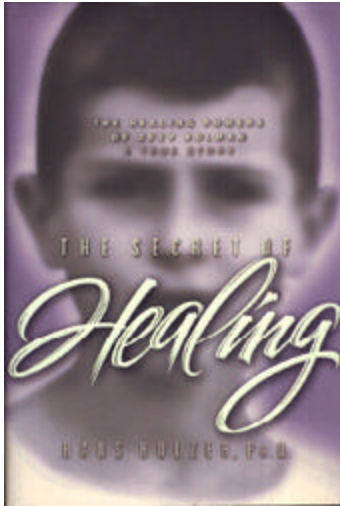
Some clients also experience the tingling sensation during distance healing. Others feel a wave of heat, while others experience no physical presence. The effects are the same. Sometimes a client will awaken during the time of the healing. If this happens to you, stay in bed in a relaxed state.

Distance healing works for many people, but not for everyone. It depends on how long you have had the condition, how open you are to the healing and how well your body

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SUGGESTIONS

The Secret of Healing by Ze'ev Kolman is now available for only \$15 (regular \$21.95).



Do you have a copy of this book? Family and friends feel blessed when they receive this book for their birthday, as an anniversary gift, or with a get-well card! Unlike flowers and candy, which disappear, a book is enduring.

Order 3 books and receive a 20% discount. Buy one now with the very special *Healing Hand Imprint* with mud from the Dead Sea. We can send you auto-graphed copies with a personalized gift card. Most

credit cards accepted. *To order, call 212-245-1715.*

ANNOUNCEMENTS

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receives the energy for healing. There are certain requirements for Distance Healing to be successful.

Distance Healing Requirements

1. Photograph
2. Complete address
3. Telephone numbers
4. Date of birth
5. Direction of your head while sleeping.
Is it facing north, south, east or west?
6. A list of the conditions you want to focus on.

Our thoughts are like radio waves that can be sent and transmitted beyond our physical location and received at the other end—provided there is a receiver tuned into the right wavelength. This energy is transmitted through the force of my thoughts to the client who *opens* his channels to the proper wavelength and absorbs the energy regardless of the physical distance between us. To receive distance healing, please contact Shelly: **212-245-1715.**

Telephone Healing

Ze'ev can even transmit the Bio-Energetic Healing over the telephone while you are in the comfort and convenience of your own home. Appointments may be scheduled weekdays from 9am—5pm (EST). Most credit cards are accepted.

FYI

"GURU TO THE STARS"



ZE'EV KOLMAN

SPECIALTY Bioenergetic healer.
CELEBRITY DEVOTEES Martin Sheen; Carly Simon; Raquel Welch.

Kolman passes his hands above clients' bodies to heal the body and spirit (he has treated ailments from autism to strokes). Oddly, it is also something he can do over the phone. For information, call 212-245-1715.

from BAZAAR magazine, October 2001, pg. 243

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